

West Boylston Council on Aging Meeting Minutes
June 4, 2009

Call to Order: Meeting called to order at 6:00 PM by Joanne Vaudreuil

Introductions and Welcome: Joanne Vaudreuil welcomed Out Reach Worker, Jane Meegan from Boylston, as well as a member of her board. Everyone introduced themselves and a little about their involvement in their respective COA.

Secretary's Report: Marcia made a correction on the attendance; Nancy Barakian was at the meeting, Maureen Osthues was not at the meeting. A motion was made and seconded to accept the minutes with corrections made by Marcia. Passed unanimously.

Director's Report: Marcia brought up that fact that the COA Ford Escort is barely used; since it is not used, Marcia thought we could save the Town money by taking it off the road and selling it. The car was purchased with Gift Acct. money, but when an item is sold it usually goes into the General Fund. Marcia will speak to Leon in regards to this matter and get back to the Board next month.

Marcia reports the Walking Program is going well, and Marcia would like to expand it to 2 to 3 days a week. Walking 4 times around the building is 1.3 miles.

Marcia discussed upcoming programs: Pitch Party on 6/7; Foxwoods's 6/8; Diabetic Support Group 6/9; Going for the Gold 6/11; Planning Meeting 6/15; Aging Issues 6/16; Nutritionist 6/22; Ice Cream social 6/26; and stroke prevention 6/30. Marcia also reports there will be a Red Sox Cookin on July 1st.

Marcia asked that anyone who is available try to attend the Bu8ilding Comm. meeting on Wed, June10th. They will be discussing 150 Hartwell St. at that time.

New Business: There was a discussion with the Outreach Worker for Boylston, Jane Meegan and one of her Board members; Jane sends out her newsletter 3 -4 times a year. Marcia will email info on our programs to her to invite the residents to our programs. Marcia suggested working together on a program with Salter College; possibly a luncheon cookout for Boylston and West Boylston seniors. The site would be decided on later, possibly the American Legion on Hartwell St, since it can hold over 100 people. Marcia will set up a meeting between Kim for Salter College, Jane and herself to plan this event. Boylston was very receptive to doing joint programming with West Boylston.

Old Business: Marcia presented Fran McHugh with a card and gift on behalf of the COA Board, and all the seniors of west Boylston to honor him for his service to the COA Board and the Senior Center over the years. Light refreshments were served.

Adjournment: The meeting was adjourned at 7:18PM